



You can find lots of information on how to use MapRunF (phone) and MapRunG (watch) on the MapRunners website here:

<http://maprunners.weebly.com/quick-guide.html>

The basic instructions for using MapRunF (once you've installed in) are as follows:

Its best to download the course and carry steps 1 to 4, before travelling to the event, in case of poor signal. Ensure your phone has sufficient charge.

1. Open MapRunF app
 2. On Home Page select Event
 3. Next Select UK / Staffordshire
 4. Select Required Event which will download it to your phone
-
5. Back on Home page, the event should now be displayed below the "Select Event" tab
 6. Press "Go to Start," when you are ready to start.
 7. Go to the start location, where the phone should beep and then you have started (the phone screen will give you a trace (red dot) of your location to help you find the start, which disappears once started)

Controls not registering?

So, you've gone to the control but your phone has refused to ping. Don't worry, carry on until you finish the course. Once finished, if your result says 'mis-punch', or if you went to a control which didn't register, tap the menu icon (3 parallel lines on the top right). Choose 'review results (HITMO)'. If there is a control number in red with a box next to it, tap the box to claim that control. Repeat with other controls as necessary. Then tap 'submit a revised result' on the bottom of the screen. Your result will then be shown as a revision.

