



# Orienteering On Cannock Chase

## Sherbrook South WMOA League Event and WM Championships Sunday 8<sup>th</sup> December 2019

**Directions to the event:** Parking and assembly is at Rifle Range Car Park, Penkridge Bank Road. OS Grid ref: SJ998168. Nearest postcode: WS15 2UA

**Parking:** Main car park and track leading to the car park. Assembly Area is in the same location as the main car park. £1 per car for parking.

**Map:** 1:10,000 (1:15,000 for Brown) printed on waterproof paper. Control descriptions will be printed on the map and available loose.

**Courses:** White, Yellow, Orange, Light Green, Short Green, Green, Blue and Brown

**Registration:** 10.00am to 12.00pm. All competitors please bring your SI card to registration (if you have one) to speed up the registration process.

**Start:** 10.30am to 12.30pm (punching start)

**Entry Fees:** Seniors £8 (BOF Members) £10 (non BOF Members) Juniors £3. Free SI card hire. Entry on day only.

**Punching:** (SI) Sport-Ident Electronic. If using a SIAC you must punch the finish control as a safety check.

**Terrain:** Sherbrook South is a fairly typical of Cannock Chase with varied terrain of forest, scattered trees and open land. There are a multitude of paths of varying width, some quite small, so juniors need to keep an eye out for junctions. There is a reasonable amount of undergrowth at the moment which isn't impossible to run through, but scattered patches of brambles may slow runners so bramble bashers / leg protection is advisable.

**Toilets:** Toilets are at the assembly area.

**Dogs:** Only allowed on a lead at all times and any mess must be cleared up.

**Traders:** Ultrasport and Podium catering will be present

**Organiser:** Gearóid ó hEidhin tel: 077626 89449

**E-mail:** [gearoid.oheidhin2@gmail.com](mailto:gearoid.oheidhin2@gmail.com)

**Planner:** Kelvin Dawson

**Controller:** Kerstin Mitchell

**Safety:** Competitors take part at their own risk and **must carry a whistle and wear full leg cover – no shorts**. Out of bounds areas must be avoided. In the past there has been coal mining below the area. It is possible but unlikely that fissures could appear suddenly on the area. Runners should avoid any area that shows signs of fresh deposits of soil or sand. Please note that the area is also used by horses, dog walkers and bike riders. Please respect their right to be there.

Course summary:

Course	Controls	Length
White	11	1.8 km
Yellow	10	2.2 km
Orange	10	2.4 km
Light Green	10	2.8 km
Short Green	11	3.6 km
Green	10	4.8 km
Blue	14	5.9 km
Brown	16	8.2km