

MTBO Final Details – 24th November 2018 Cannock Chase

Car Park at Rifle Ranges Car Park, Cannock Chase OS X (Eastings) 399846 OS Y (Northings) 316863
Nearest Post Code WS15 2UA Lat (WGS84) N52:44:58 (52.749385) Long (WGS84) W2:00:13 (-2.003721) Lat,Long 52.749385,-2.003721 Nat Grid SJ998168 / SJ9984616863

Important: Please only ride on tracks marked on the event map. Cutting through is not allowed and doing so would endanger future permissions. Please also respect the out of bounds marked as this is a different landowner.

Car parking, signed from corner of Penkridge Bank Road with Orienteering Banners. See map extract below. Space is tight please park close together.

Registration: from 10.00 to 11.00 am

Start from 10:30 to 11:30 am – Punching Start, 2-minute intervals per course. You are given your map at -1 min, punch SI and go on the long beep. – adjacent to car park.

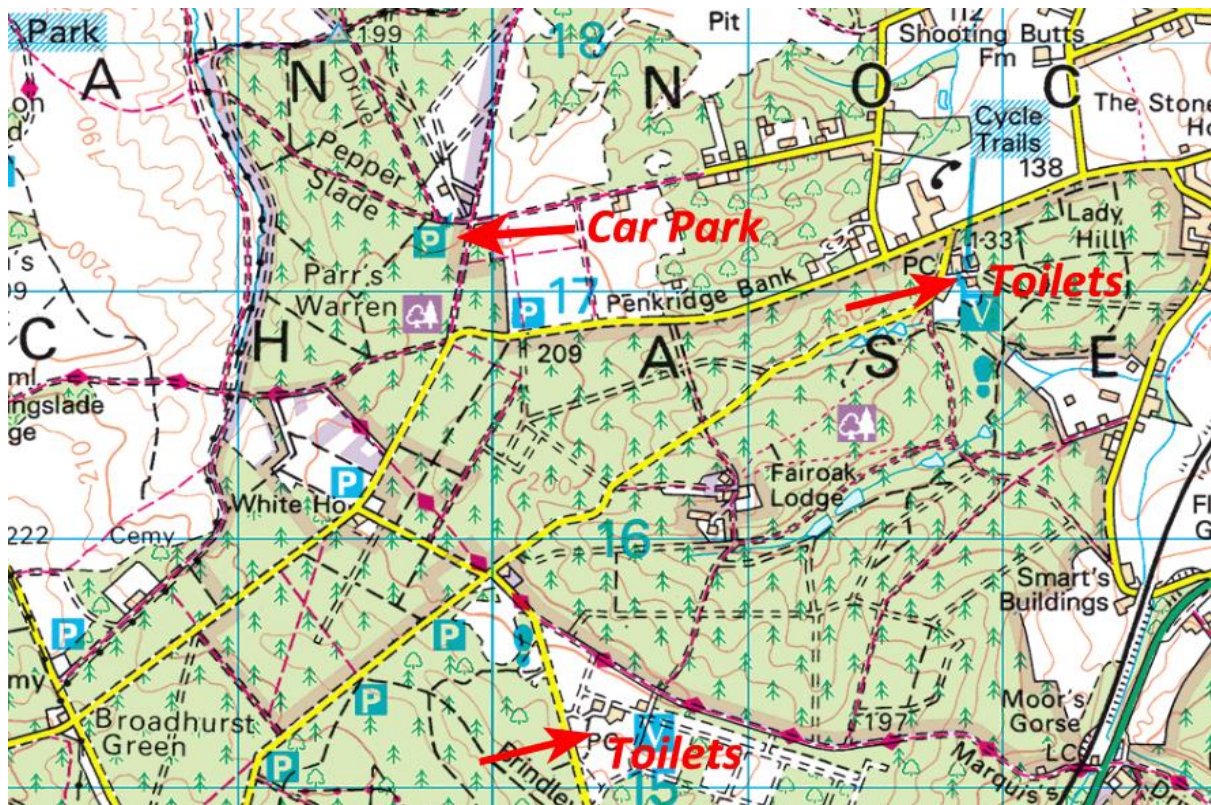
Map: Orienteering map to ISMTBOM, 1:15000 A4 on waterproof paper

Punching – Sportident AIR contactless punching will be enabled (hire SIAC cards please contact Sportident UK direct) – note start and finish are ‘punching’

Finish – Punching finish (not SI AIR) adjacent to car park

Safety – due to the nature of the area and the large and dense path network you WILL come across riders in the opposite direction. Please ride to the left. There will be other forest users including horses and mountain bikes please be courteous and slow down. Future permissions are at stake.

Toilets: Public Toilets are available at Birches Valley Forest Centre and Marquis Drive Visitors Centre both within 2 km of the car park. Please use these facilities.



First Aid

A first aid kit is available at download.

A&E

County Hospital in Stafford has an A&E unit, open from 0800-2200 daily: ST16 3SA – 8 miles distance. Please note that County Hospital can only offer a minor injuries service to children under the age of 16. Any children requiring non-minor-injury treatment must travel to Royal Stoke University Hospital (ST4 6QY – 26 miles distance) or Wolverhampton New Cross Hospital (WV10 0QP – 18 miles distance). Both of these hospitals have 24-hour A&E coverage.

Courses and Classes

Long Format MTBO - Winning time 90 to 110 minutes

B & C courses are of a shorter length but of similar standard of difficulty, although the most steep climbs and descents have been avoided on the C. The estimated winning times may be close to but not exceed the winning times of the A course when the age, gender or experience of the competitor is taken into account, depending on who attends.

D course will be a score format using many of the controls from the other courses to provide a suitable challenge for novices to MTBO.

Classes

A Course – M21 (Open men), M40, M20.

B Course – W21 (Open Women), W40, M50, W50, M60, M/W 18 & W20, M20S, M21S, M40S

C Course – W60, Youth, M18S, M50S, M60S, W18S, W20S, W21S, W40S, W50S

D Course - Score (Non-competitive for the league)

Under 16s please contact the organiser – young riders may need to be shadowed due to insurance restrictions.

Distances and climb

A Course Direct 16.8km Optimum Route 27.5km 600M climb

B Course Direct 10.3km Optimum route 20.2km 400M climb

C Course Direct 8.1km Optimum Route 12.5km 250M climb

D Score Course 90 minutes, all controls worth 10 points – normal BMBO ramped penalties apply for being late.

Prize Giving

A prize giving will be held as soon as possible – spot prizes will also be given for those in attendance!

Control collecting – volunteers to collect controls would be appreciated

Organiser and Planner – Mark Stodgell – mark@stodgell.co.uk tel 07970161637