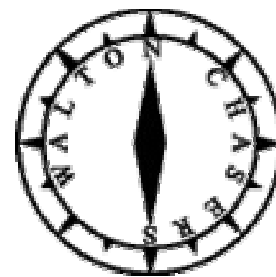


# Long Orienteering Race

Sunday 15<sup>th</sup> June 2008



Venue	North Cannock Chase
Grid Ref	SJ999 173
Car Park	Signed from A34 N of Cannock & A51 traffic lights NW of Rugeley centre, on hard standing
Format	This is a Long Distance Foot Orienteering event with 4 courses available of approx 8, 12, 16 and 23 kms, distances between controls are significantly greater than normal orienteering courses and there is often a larger element of route choice between the controls with less emphasis on fine navigation near the control site. You can compete in pairs or as a solo and the aim is to finish in the quickest time.
Courses	A – 23 km B – 16 km C – 12 km D – 8 km
Start Times	10.00 – 12.00 am. Start and finish are near to the car park, please observe out of bounds areas. SI electronic Punching will be used
Terrain and Maps	1:15000 A3 double sided map of Northern Cannock Chase. Mixture of working forest and open heath land, with an intricate path network.

- Entry Fees: £7, £9 for non-BOF - members to cover insurance (Juniors and Students £3.00)
- Online entry is preferred (go to [www.fabian4.co.uk](http://www.fabian4.co.uk)). Closing Date Thurs 12th June  
On the day entries will have a £3 surcharge.
- Contact Mark stodgell - 01785663888 (not after 9pm) or [mark@stodgell.co.uk](mailto:mark@stodgell.co.uk)

Part of the Chase Challenge weekend – MTBO, Street Race, Long O

BOF approved Walton Chasers event

[www.britishorienteering.org.uk](http://www.britishorienteering.org.uk)

[www.walton-chasers.co.uk](http://www.walton-chasers.co.uk)